

WEEKLY POOL SCHEDULE

Classes included with Basic Membership

Classes included with PC membership or Premium Upgrade Unlimited

During Lap Swimming if there are members waiting for a lane a 20 minute time limit will be enforced

<p style="text-align: center;">Monday <i>8:00 am – 6:00 pm</i> <u>SCHEDULE</u></p> <p>8:00 – 9:00 – Water Walkers/Open Swim 9:30 – 10:15 - Stronger Every Day 10:30 – 11:15 - Aqua Splash 11:30 – 12:30–Lap Swim (all 4 lanes) 12:30 – 2:00 – Supervised Aquatics/ Open Swim 2:15 – 3:00 – Arthritis & Balance 3:15 – 6:00 – Lap Swim/Open Swim (2 lanes ONLY)</p>	<p style="text-align: center;">Tuesday <i>8:00 am – 7:00 pm</i> <u>SCHEDULE</u></p> <p>8:00 – 9:00 – Water Walkers/Open Swim 9:30 – 10:15 - Stronger Every Day 10:30 – 11:15 - Making Waves 11:30 – 12:30 – Lap Swim (all 4 lanes) 12:30 – 2:00 – Supervised Aquatics/Open Swim 2:15 – 3:00 - Aqua Splash 4:00 – 5:30 - Water Volleyball 5:45 – 7:00 – Lap Swim/Open Swim (2 lanes ONLY)</p>
<p style="text-align: center;">Wednesday <i>8:00 am – 6:00 pm</i> <u>SCHEDULE</u></p> <p>8:00 – 9:00 – Water Walkers/Open Swim 9:30 – 10:15 - Stronger Every Day 10:30 – 11:15 - Aqua Splash 11:30 – 12:30– Lap Swim (all 4 lanes) 12:30 – 2:00 – Supervised Aquatics/ Open Swim 2:15 – 3:00 – Arthritis & Balance 3:15 – 4:30 – Lap Swim/Open Swim (2 lanes ONLY) 4:30 – 5:45 – Family Swim/OpenSwim</p>	<p style="text-align: center;">Thursday <i>8:00 am – 7:00 pm</i> <u>SCHEDULE</u></p> <p>8:00 – 9:00 – Water Walkers/Open Swim 9:30 – 10:15 - Stronger Every Day 10:30 – 11:15 - Making Waves 11:30 – 12:30 – Lap Swim (all 4 lanes) 12:30 – 2:00 – Supervised Aquatics/Open Swim 2:15 – 3:00 - Aqua Splash 4:00 – 5:30 - Water Volleyball 5:45 – 7:00 – Lap Swim/Open Swim (2 lanes ONLY)</p>
<p style="text-align: center;">Friday <i>9:00 am – 1:00 pm</i> <u>SCHEDULE</u></p> <p>9:15 – 10:00 - Relaxation Aquacize 10:15 – 1:00 – Lap Swim/Open Swim (2 lanes ONLY)</p>	<p style="text-align: center;">Saturday <i>9:00 am – 2:00 pm</i> <u>SCHEDULE</u></p> <p>9:00 – 10:00 – Lap Swim (all 4 lanes) 10:00 – 12:00 – Water Walkers/Open Swim 12:00 – 1:45 - Family Swim/Open Swim *Children must be supervised and potty-trained</p>